




# Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# November 2023

## Sunflower Adult Day Services

	<p><b>5</b> <b>Group #1 – iN2l w/Keith</b> Group #2 – Uno/Hearts Group #3 – Sensory Activities <b>11:25 – iN2L w/Keith</b> 1:00–1:30 Rest Time 1:30-2:00 Exercise 2:00- 3:00 Bingo 3:30–5:30 Daily Chronicles/ Reading Roundtable/Trivia Walk Time/Social Time</p>	<p><b>6</b> <b>Group #1 – iN2l w/Keith</b> Group #2 – Hearts/Farkle Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – Pool Noddle Balloons 1:00–1:30 Rest 1:30-2:00 Exercise <b>2:00- 3:00 – Music w/Marty</b> 3:30 –4:15 Trivia/Daily Chronicles/yard games/Poster</p>	<p><b>7</b> <b>Group #1 – iN2L w/Keith</b> Group #2 – Phase 10 Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> <b>11:25 Devotions Ray Avenue</b> 1:00-1:30 Rest 1:45 – 2:45 Volleyball Alternate Tablet/Puzzle Group 3:30–5:30 Reading Roundtable iN2L Music/Social Time</p>	<p><b>8</b> <b>Group #1 – iN2l w/Staff</b> Group #2 – Penny Ante Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – Washers 1:00–1:30 Rest 1:30-2:00 Exercise 2:00–2:55 Card games 3:30-5:30 Daily Chronicles/ Reading Roundtable/Trivia</p>	<p><b>9</b> <b>Group #1 – iN2l w/Keith</b> <b>10</b> Group #2 – Skip Bo Group #3 – Art w/ Garrett 11:25 – iN2L w/Keith 1:00–1:30 Rest Time 1:30-2:00 Exercise <b>2:00- 3:00 Music w/Marty</b> 3:30-5:30 Trivia/ Daily Chronicles/yard games</p>	<p><b>11</b></p> 
<p><b>12</b> <b>Group #1 – iN2L w/Keith</b> Group #2 – Penny Ante Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> <b>11:25 iN2L w/Keith Lg Group</b> 1:00-1:30 Rest 2:00-3:00 Jingo 3:30–5:30 States and Capitals Reading Roundtable/Trivia Daily Chronicles</p> <p><small>Diwali (Hindi)</small></p>	<p><b>13</b> <b>Group #1 – iN2l w/Keith</b> Group #2 – L.R.C. Dice Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – Lawn darts 1:00–1:30 Rest 1:30-2:00 Exercise <b>2:00-3:00 Music w/Marty</b> <b>3:30- Music w/Josiah</b> Chronicles/Trivia/yard games</p>	<p><b>14</b> <b>Group #1 – iN2L w/Keith</b> Group #2 – Uno Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> <b>11:25 Devotions w/Don S.</b> 1:00-1:30 Rest 1:30-2:00 Exercise 2:00-3:00 Jingo 3:30–5:30 Daily Chronicles/ Reading Roundtable/Trivia Time</p>	<p><b>15</b> <b>Group #1 – iN2l w/Staff</b> Group #2 – Penny Ante Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – Washers 1:00–1:30 Rest 1:30-2:00 Exercise 2:00–2:55 Bingo 3:30-5:30 Daily Chronicles/ Yard games/Trivia Time/Social Time</p>	<p><b>16</b> <b>Group #1 – iN2l w/Keith</b> <b>17</b> Group #2 – Skip Bo Group #3 – Sensory Activities 11:25 – iN2L w/Keith 1:00–1:30 Rest Time 1:30-2:00 Exercise 2:00- 3:00 Music Bingo 3:30–5:30 Daily Chronicles/ Reading Roundtable/Trivia Walk Time/Social Time</p>	<p><b>18</b></p>	<p><b>18</b></p>
	<p><b>19</b> <b>Group #1 – iN2L w/Keith</b> Group #2 – Brain Quest Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 iN2L w/Keith Lg Group 1:00-1:30 Rest 1:30-2:00 Exercise w/Weights <b>2:00-2:55 Music w/Marty</b> 3:30–5:30 Reading Roundtable Daily Chronicles/Trivia/Social</p>	<p><b>20</b> <b>Group #1 – iN2l w/Staff</b> Group #2 – Hearts/Farkle Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – iN2L w/Keith 1:00–1:30 Rest 1:30-2:00 Exercise <b>2:00 – Library Reading</b> 3:30-5:30 Daily Chronicles Trivia</p>	<p><b>22</b></p> <p><b>Closed in Observance of Thanksgiving</b></p>	<p><b>23</b></p> <p><b>Closed in Observance of Thanksgiving Day</b></p> <p><small>Thanksgiving Day (US)</small></p>	<p><b>24</b></p> <p><b>Closed in Observance of Thanksgiving</b></p>	<p><b>25</b></p>
<p><b>Rolling Hills Zoo 2:00pm on Wednesday the 29th</b></p>	<p><b>26</b> <b>Group #1 – iN2L w/Keith</b> Group #2 – Brain Quest Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 iN2L w/Keith Lg Group 1:00-1:30 Rest 1:30-2:00 Exercise w/Weights <b>2:00-2:55 Music w/Marty</b> 3:30–5:30 Reading Roundtable Daily Chronicles/Trivia/Social</p>	<p><b>27</b> <b>Group #1 – iN2l w/Staff</b> Group #2 – Hearts/Farkle Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – iN2L w/Keith 1:00–1:30 Rest <b>1:30-2:00 Music w/Marty</b> 2:00–2:55 Games in Dining Room 3:30-5:30 Daily Chronicles Poster Time/Trivia /Social Time</p>	<p><b>28</b> <b>Group #1 – iN2L w/Keith</b> Group #2 – Phase 10 Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> <b>11:25 Devotions w/Don S.</b> 1:00-1:30 Rest 1:30-2:00 Exercise <b>2:00-2:55 Rolling Hills Zoo</b> 3:30–5:30 Reading Roundtable iN2L Music/Social Time Daily Chronicles</p>	<p><b>29</b> <b>Group #1 – iN2l w/Staff</b> Group #2 – Farkle/Crazy 8's Group #3 – Sensory Activities <b>Group #4 – Art w/Cindy</b> 11:25 – Bowling 1:00–1:30 Rest 1:30-2:00 Yard Darts 2:00–2:55 Movie/Cards 3:30-5:30 Daily Chronicles/ Reading Roundtable/Trivia Time/Social Time</p>	<p><b>30</b></p>	<p><b>Grateful · thankful · Blessed</b></p> 